

STORY 2

Remember

PROGRAMME HANDBOOK



Handbook and Programme developed by The Gaiety School of Acting, The National Theatre School of Ireland:



In coordination with Erasmus + partners:



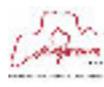
Romanian
Alzheimer Society



Habitas- Centre for Resources
and Professional Training



Alzheimer Bulgaria



Alzheimer Hellas



Bournemouth University

Discover the TRAINING HANDBOOK for the Story2Remember programme, an education programme based on creative drama and storytelling, designed to provide new learning opportunities in the field of caring for people with Alzheimer's and dementia.

The handbook can be downloaded from [here](#).

ABOUT THE STORY2REMEMBER HANDBOOK

The Story2Remember handbook has been created as part of a wider project, funded by ERASMUS+ and is aimed at people with dementia, health and social care professionals and care providers. In tandem with the project's [Booklet "Creative drama and storytelling in dementia care: Information for practitioners"](#), this handbook is designed to equip health and social care professionals with all the necessary information, skills and materials to guide the delivery of the Story2Remember programme in care settings.

Creative drama and storytelling techniques were at the core of this programme.

MORE ABOUT THE STORY2REMEMBER PROGRAMME

The programme aims to develop a positive social environment for older adults with Alzheimer's Disease and Dementia in a safe space promoting: Well being, Meaningful engagement, Social Inclusion, Enhancement of self-esteem/self-confidence, Empowerment.

All workshops were tested in Ireland in one of the Health Service Executive centres in May 2019. Following the successful testing in Ireland, trained professionals piloted the programme in United Kingdom, Romania, Bulgaria and Greece, involving over 80 professionals and over 70 people with dementia. Below some of the reported benefits:

- improving social interaction
- supporting creativity
- team bonding
- improving well-being
- improving self-esteem
- learning new things
- feeling relaxed
- feeling of being motivated to read and write
- creating memorable experiences

The Story2Remember programme has been developed by the Gaiety School of Acting, The National Theatre School of Ireland; Trainers and Researchers of the Story2Remember project Seamus Quinn, Caroline Coffey and the Education Coordinator, Dr Anna Kadzik-Bartoszewska.

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Intellectual Output two: Training programme using creative drama and storytelling, targeting health and social care professionals for a better support for older people with dementia.

Project title: Using drama and storytelling in dementia care

KA2:Cooperation for Innovation and the Exchange of Good Practice

KA204:Strategic partnership for Adult Education

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